

A how-to guide for health care professionals who work with us



# Knowing what to do makes everything easier.

Aetna® is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

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# Helpful provider website

#### Doing business with us online

Use **Availity.com**, our provider website, to save time. This is a free, multipayer, web-based system for administrative transactions. You can use the tools and resources available on Availity® to quickly access the information you need.

#### Access your provider account

- Go to Availity.com, our provider website.
- · Select "LOGIN."

#### Register on our provider website

First, gather the information below. You'll need it to register successfully.

- Tax identification number (TIN)
- · Physician name, group name or hospital name
- · Email address
- · Primary office location
- Once you have that information ready, then:
- Go to Availity.com.
- Select "REGISTER."

#### Website administrator

You must designate an administrator for your office, and that person must be the first person to register on Availity. That's because the first person to register is given site privileges to administer all functions and manage access for other users.

Each user needs their own credentials. Sharing user IDs isn't allowed.

Have the designated administrator log in first on **Availity.com** by selecting the green "LOGIN" button.

Visit Availity.com/aetnaproviders to learn more.

If users can't access some of the tools on Availity, please contact your administrator. There are some transactions that the administrator must enable.

#### Need help?

For registration questions or log-in or password help, call **1-800-Availity (1-800-282-4548)** Monday through Friday, 8 AM to 7 PM ET.

Availity offers many helpful online support tools:

- On-screen help to walk you through each step of a transaction
- Step-by-step transaction and user guides
- · Online training demonstrations

#### Important announcements

On **Availity.com**, visit the Aetna Payer Space home page to get time-sensitive information. Be sure to visit often — the information shared may affect how you do business with us.



#### Tools and resources

On Availity, to see a list of commonly used tools and resources, go to the "Aetna Payer Space" and select the "Resource" tab.

There, you'll find:

- The Precertification Code Search tool, which makes the precertification process easier.
- Our Clinical Policy Bulletins, which are detailed and technical documents. They explain how we make coverage decisions for members under our health benefits plans.

#### Clinical resources

- Aetna Health Connections<sup>™</sup> Disease Management programs, which provide educational materials and, in some cases, individualized case management for members with chronic health conditions. The programs focus on health education and behavior modification for modifiable risks.
- Aetna Women's Health<sup>sM</sup> programs and policies
   provide detailed information about our gynecologic
   and obstetric programs and policies. This includes
   information on the Aetna Maternity Program, Infertility
   program and Breast Cancer Gene (BRCA) Genetic
   Testing Program.

#### Helpful guides

- Aetna Benefits Products an easy-to-use guide that provides basic benefits product information, including primary care physician (PCP) selection and referral requirements.
- Aetna Office Manual for Health Care
   Professionals your guide to working with us.
   This reference tool acts as our provider manual, and it includes local information that pertains to your practice. Our Member Rights and Responsibilities are also included in the manual.

#### **Pharmacy**

- · Formulary information
- · Pharmacy clinical policy bulletins
- E-prescribing

# Tools and transactions

#### Eligibility

Use the Eligibility and Benefits Inquiry transaction to get member-specific plan details. Transaction response fields (which may vary according to plan details) include:

- · Copay, deductible and coinsurance
- · Exclusions and limitations
- · Visits used and visits remaining
- · Referral and precertification requirements
- Ability to view and print digital member ID cards\*

Here are some tips for completing the fields on the eligibility and benefits inquiry page:

- If you don't have the member ID number, you may search using the patient's last name, first name and date of birth.
- Use the "Benefit Type" drop-down box to narrow down to a specific benefit (for example, code 30 is for general benefits, code 47 is for hospital benefits and code 98 is for professional physicians and other services).

On **Availity.com**, in the Aetna Payer Space, select the "Applications" tab to access your Managed Choice® plan, Elect Choice® plan and health maintenance organization (HMO) capitation member rosters.

#### **Patient Cost Estimator tool**

The payment estimator lets you request an estimate of your patient's financial responsibility on or before a date of service.

You can also:

- Get reliable estimates of the patient's copayments, coinsurance and deductibles
- Access printable information to help you initiate financial discussions with your patients before or at the time of care

This tool can reduce, and possibly eliminate, after-the-fact financial surprises for you and your patients.

#### Claims

We offer a wide variety of tools to help you manage your patient accounts:

- Professional claims submission (including Aetna® secondary claims)
- Claims status (checking the status of one single patient)
- Claims Status Report (checking the status of all your patients within a date range)
- Fee Schedule (most directly contracted physicians [MD/DO] can access their negotiated rates for Current Procedural Terminology [CPT®] and HCPCS codes)
- · Claims and payment policy tools
  - Code Editing tool and Clinical & Payment Policy Lookup — to determine how procedure codes billed by themselves or in combination with other procedure codes may be processed and to determine eligibility of an assistant surgery procedure
  - Policy Information to find policy-related links if you're searching for general information on a topic or if you don't have a specific procedure code

## Claims Explanation of Benefits (EOB) on Remittance Viewer tool

This tool allows providers and office staff to access claims EOB statements online within 24 hours of claims processing. You may also use this tool for claims reconsiderations.

<sup>\*</sup>Your administrator must enable this feature for you.

#### Account management tools

For other reporting capabilities and for submitting claims reconsiderations, you can use the suite of account management tools:

- Claim History Report (which allows you to identify specific codes)
- Single or multiple claims reconsiderations

#### Referrals

If a plan requires a referral, the PCP should issue it for all specialist visits, including visits in a hospital clinic.

- Referrals may be issued for consultation and treatment by using the CPT code 99499.
- Referrals are valid for 1 year, and the first visit must be used within 90 days.
- A diagnosis code isn't required; however, it's very helpful for the specialist.
- Direct access: Referrals aren't required for routine eye care and ob/gyn services. Refer to the Health Care Professional Toolkit for other direct-access specialties in your area.
- A referral isn't a substitute for authorization of a service that requires precertification.
- Referrals may be issued to an individual specialist using their national provider identifier (NPI) or to a specialty using the taxonomy code.
- Our online "Provider search" can be used to find a participating provider.
- Referrals can be issued for automatic studies by specialty — services performed in a specialist office when patients are seen for visits and evaluations. This happens as a result of our direct-access programs or when a service is authorized by a referral from their PCP.

#### **Authorization**

Use our online tools to help you determine if authorization (also called "precertification") is required for a particular procedure, and submit precertification requests for those services.

Precertification Code Search tool — allows you to enter up to five CPT codes at a time to quickly determine whether a medical precertification is required for your patient.

Online precertification transaction — allows you to add a precertification request for those services that require it and see if a precertification has been authorized.

All precertification requests should be done via the online precertification transaction.

# Electronic funds transfer (EFT) email notification

For those already enrolled in EFT, you may now sign up to enroll up to two email addresses. We'll then notify you when we transmit to your bank.

#### Electronic remittance advice (ERA)

Sign up to receive ERA through our provider website or your vendor or clearinghouse. Providers billing with multiple NPIs will get separate payments for each NPI, unless you notify us otherwise. You can get claims grouped into payments based on TIN and billing address.

#### Update Aetna provider demographics

Submit updates and changes to your profile, including address; hospital affiliations; the NPI for you, your practice or facility; and demographics.

#### Electronic claims submission

Submit all claims electronically for your patients, regardless of their benefits plans.

- If you're already using a vendor, add us to your list of payers.
- To view a list of our participating claims vendors, visit **our vendor page**.
- Send professional claims free of charge from our provider website.
- You can also send voided or corrected professional claims from our provider website.

We typically don't need attachments. If we do, we'll let you know what we need and how to send it to us.

#### Claims submission tips

To ensure accurate and timely claims payment, be sure to:

- Review rejection reports from your vendor
- Correct and resubmit rejected claims electronically through your vendor
- Ensure that the member and patient names and ID numbers are correct
- · Ensure that CPT and diagnosis codes are valid

#### Disagree with a claims decision?

Write to the PO box listed on the EOB statement or the denial letter related to the issue being disputed. Please include the reason(s) for the disagreement.

Go to **Aetna.com** for more information. Select "Providers." Under "Working with us," choose "Dispute & appeal process." Then, select "Learn about the dispute process."

#### Claims addresses

If your practice management or hospital information system requires a claims address for submission of electronic claims, or if your office doesn't have electronic capabilities, please refer to the table below for the claims address for your state. Or refer to this **list of payer IDs**.

Medical provider location by state	Claims mailing address
AL, AK, AR, AZ, CA, FL, GA, HI, ID, LA, MS, NC, NM, NV, OR, SC, TN, UT and WA	Aetna PO Box 14079 Lexington, KY 40512-4079
CO, CT, DC, DE, IA, IL, IN, KS, KY, MA, MD, ME, MI, MN, MO, MT, ND, NE, NH, NJ, NY, OH, OK, PA, RI, SD, TX, VA, VT, WI, WV and WY	Aetna PO Box 981106 El Paso, TX 79998-1106

For all Medicare and Aetna Student Health<sup>sM</sup> plans, use the El Paso, TX, claims mailing address.

For all Aetna Voluntary plans and limited benefits insurance plans (formerly "Aetna Affordable HealthChoices<sup>SM</sup> plans"), use the Lexington, KY, claims mailing address.

For Aetna Signature Administrators® Preferred Provider Organization (PPO) plans, Aetna Workers' Comp Access plans, Meritain Health<sup>sM</sup> and Schaller Anderson (Medicaid), refer to the member ID card.

#### Claims processing

#### Sign up for electronic payments and get paid faster

When you sign up for electronic payments, you can get paid faster than having to wait for a check to come in the mail. With electronic payments, you don't have to deposit checks in your bank. You can enroll in one or both of the services below.

- Electronic Funds Transfer (EFT): We'll securely transmit payments directly from our bank account to yours. There's no charge for EFT, though your bank may charge you a fee. Check with them for details.
  - Go to Solutions.CAQH.org to sign up for EFT. You
    must register for the tool, even if you already have a
    user name for other CAQH products. Or download
    and print an enrollment form from AetnaEFT.com.
- Virtual credit card (VCC): We'll issue a one-time-use virtual credit card number by fax or mail. Simply enter the credit card number into your existing credit card terminal. You'll get the funds in the same time frame as other credit card payments. We don't charge for VCC, though you'll pay your standard merchant fees, just as you do for any other credit card payment you process.
  - Sign up for VCC by sending an email to VirtualCardPaymentProvider@Aetna.com with your practice name, TIN and contact information. We'll follow up with you.

### Sign up for ERA and post your patient statements automatically

When you sign up for ERA, with compatible software, you can post details of your patients' statements automatically. You'll need an ERA vendor to get ERA files. Choose one on **our vendor page**.

**Note:** EFT enrollment information can be accessed by all of our affiliates, including Innovation Health Holdings, LLC and Coventry Health Care, Inc. and their respective subsidiaries.

EnrollHub and CAQH® are registered trademarks of CAQH.

# Contact us

Program	Phone number
- rogium -	
Special programs and networks	
Aetna Voluntary plans and limited benefits insurance plans (formerly "Aetna Affordable HealthChoices")	1-888-772-9682 (TTY: 711)
Aetna Student Health	Refer to the member ID card
Aetna Signature Administrators®	1-800-238-6288 (TTY: 711)
Aetna Workers' Comp Access	Refer to the member ID card
Meritain Health	Refer to the member ID card
Care management and genetic testing programs	
Aetna Health Connections Disease Management program	1-866-269-4500 (TTY: 711)
Aetna Maternity Program	1-800-272-3531 (TTY: 711)
BRCA Genetic Testing Program	1-877-794-8720 (TTY: 711)
Infertility program	1-800-575-5999 (TTY: 711)
Novologix® pre-authorization	1-844-345-2803 (TTY: 711)
Novologix general information	1-844-345-2803 (TTY: 711)
Novologix is our preferred method for receiving electronic	

Program	Phone number
Credentialing	
Aetna Credentialing Customer Service	1-800-353-1232 (TTY: 711)
Council for Affordable Quality Healthcare (CAQH)	1-888-599-1771 (TTY: 711)
Pharmacy	
Precertification	1-855-240-0535 (TTY: 711)
CVS Specialty®** (for ordering self-injectable medications)	1-800-237-2767 (TTY: 711)
National Medical Excellence Program® (Our transplant program)	1-877-212-8811 (TTY: 711)
Behavioral health and substance use disorders  Provider services	Refer to the member ID card

prior-authorization

requests.

<sup>\*\*</sup>CVS Specialty® and Aetna® are members of the CVS Health® family of companies.



#### **Providers**

If you have questions or comments, just go to **Aetna.com**, select "Providers," then "Contact."

#### **Provider Service Center**

There's never a need to wait for a provider service representative with these easy-to-use, self-service options:

- Check the status of a claim (including a faxed copy)
- Verify patient coverage and benefits information (including a faxed copy)
- Get medical precertification information

To do all that and more, call the numbers below.

- HMO-based plans and all Aetna Medicare Advantage plans: 1-800-624-0756 (TTY: 711)
- All other plans: 1-888-MD-Aetna (TTY: 711) or 1-888-632-3862 (TTY: 711)

Please have your TIN or NPI, the Aetna member ID number and the patient's birth date ready when you call.

# Preferred, in-network laboratories

Our network offers your patients access to nationally contracted, full-service laboratories with conveniently located Patient Service Centers.

You can help your patients save money by referring them to in-network laboratories. PCPs must use their designated laboratory for their patients.

# Preferred national laboratories — Quest Diagnostics® and LabCorp (effective 1/1/2019)

Visit **QuestDiagnostics.com** or **LabCorp.com** to get started.

- Get requisitions and schedule lab appointments for your patients.
- Schedule specimen pickup and set up patient results delivery.
- · Order supplies.
- · Find a Patient Service Center.

#### Additional preferred national laboratories

To see our complete national list of preferred, participating laboratories:

- 1. Go to our helpful **provider website**
- 2. Select "Aetna Payer Space"
- 3. Select "Referral Directory"
- 4. Select "Lab and Diagnostic Centers"
- 5. Under "Provider Type," select "National Lab Listing"
- 6. Then, select "National Laboratory Listing"

# Think webinars can't be cool?

#### Maybe, but they can be super helpful.



# It's hip to be square

Every month, we offer interactive webinars that'll help you make the most of our online resources.

Created especially for providers, these webinars will dig into:

- 1. Helpful tools and resources for new providers
- 2. The Availity® provider website
- 3. Claims management
- 4. Authorization and precertification

Ask your questions and get your answers on the spot.

Visit **AetnaWebinars.com** to register today.

#### Doing business with Aetna®

Second Tuesday and third Wednesday of every month, from 1:00 PM to 2:15 PM ET

New to Aetna? Or do you simply want to see what's new? Awesome! Join us on a tour through the Provider Onboarding Welcome page. You'll discover tools and resources that'll make your day-to-day tasks with us simple and quick. We'll show you how to:

- Locate provider manuals, clinical policy bulletins, payment polices, online forms and provider referral directories
- Access online transactions such as eligibility, benefits, precertifications and claims
- · Register for live instructional webinars
- · Update your provider data

#### Working with Aetna® on Availity®

First Tuesday of every month, from 2:00 PM to 3:30 PM ET

This webinar is great for getting started with us. You'll learn how to register, contact us and identify products. We'll talk about tools and transactions on our site, and the administrator's role, too.

#### Claims management on Availity®

Third Thursday of every month, from 2:00 PM to 3:15 PM ET

You'll learn about all things related to patient accounts. We'll go over claims status, online Explanation of Benefits (EOB) statements and claims reconsiderations. And you'll see how the Claim Status and Remittance Viewer tools can work for you.

#### **Authorizations on Availity®**

Second Wednesday of every month, from 2:00 PM to 3:15 PM ET

This webinar is key for anyone managing the authorization (precertification) process for their practice or facility. That's because we'll review the Precertification Code Search, Precertification Inquiry and Precertification Status Update tools. These are tools made to ease the process. Plus, you'll learn how to best handle inpatient, outpatient, behavioral health and drug requests.

# Submitting drug prior authorization requests on Novologix®

Second Thursday of every month, from 1:00 PM to 2:00 PM ET

This webinar is for anyone who submits specialty drug prior authorizations for their practice or facility. We'll show you how to use the Novologix® portal (accessed through Availity®) to submit a specialty prior drug authorization, initiate a National Comprehensive Cancer Network® (NCCN®) regimen, and check the status of a pending request.

# Northeast region

# Connecticut, Delaware, Maine, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island and Vermont

#### **Special programs**

#### **BRCA** genetic testing

Prior authorization is required for **br**east **ca**ncer gene (BRCA) genetic testing.

For more information, call our BRCA Genetic Testing Program at 1-877-794-8720 (TTY: 711).

#### High-tech radiology

Precertification is required for elective high-tech outpatient radiology services: computed tomography (CT), magnetic resonance imaging (MRI), magnetic resonance angiography (MRA), nuclear cardiology and positron emission tomography (PET) scans.

#### Sleep studies

Pre-authorization is required for sleep studies performed in a freestanding sleep diagnostic facility or a hospital.

#### Cardiac imaging

Pre-authorization is required for non-emergent stress echocardiography and diagnostic left- and right-heart catheterization.

#### Cardiac rhythm implant devices

Pre-authorization is required for elective inpatient and outpatient cardiac rhythm implant devices.

#### **Radiation therapy**

Complex and 3D conformal, stereotactic radiosurgery (SBS) and stereotactic body radiotherapy (SBRT), brachytherapy, hyperthermia, intensity-modulated radiation therapy (IMRT) and image-guided radiation therapy (IGRT), proton beam therapy, neutron beam therapy, and radiopharmaceuticals.

#### Pain management and hip and knee procedures

Pre-authorization is required for:

- · Interventional pain management
- Inpatient elective musculoskeletal (hip and knee) arthroplasty procedures
- Outpatient elective musculoskeletal (hip and knee) arthroplasty procedures

#### Connecticut, Delaware, Maine, Massachusetts, Pennsylvania, southern New Jersey and Vermont

MedSolutions (doing business as "eviCore healthcare")

- Phone: 1-888-693-3211
- Fax: 1-844-822-3862
- · Website: eviCore.com
- Radiation therapy phone: 1-888-622-7329
- Radiation therapy fax: 1-888-693-3210
- Radiation therapy website: After logging in to eviCore.com, choose the CareCore National tab.

#### **New York**

CareCore National (doing business as "eviCore healthcare") Precertification and Customer Service

- Phone: 1-888-622-7329 (TTY: 711)
- Radiology fax: 1-800-540-2406
- Cardiology fax: 1-888-444-1562
- Sleep study fax: 1-888-511-0403

#### **Northern New Jersey**

CareCore National (doing business as "eviCore healthcare") Precertification and Customer Service

- Phone: 1-888-647-5940 (TTY: 711)
- Radiology fax: 1-800-540-2406
- Cardiology fax: 1-888-444-1562
- Sleep study fax: 1-888-511-0403
- Website: CareCoreNational.com

**Note:** eviCore healthcare allows 14-day-retrospective-request periods only for emergent cases and clinically urgent cases.

Special programs (continued)	
Outpatient physical therapy and occupational therapy	Connecticut
	OrthoNet <b>1-800-771-3205</b>
	Delaware, New Jersey, New York and Pennsylvania
	National Imaging Associates (NIA) 1-866-842-1542
Chiropractic care	Delaware, New Jersey, New York and Pennsylvania
	National Imaging Associates (NIA) 1-866-842-1542

#### Fee schedules

If you're contracted with us through an independent practice association (IPA), contact them for fee schedule requests.

#### New Jersey appeal process

Please call our Provider Service Center. For HMO-based and Aetna Medicare Advantage plans, call **1-800-624-0756 (TTY: 711)**.

For all other plans, call 1-888-632-3862 (TTY: 711).

#### Special note for upstate New York market

HMO plans and individual Medicare Advantage plans are sold in five counties only: Broome, Cayuga, Onondaga, Oswego and Tioga.

# Mid-America region

Illinois, Indiana, Iowa, Kansas, Kentucky, Michigan, Minnesota, Missouri, Montana, Nebraska, North Dakota, Ohio, Oklahoma, South Dakota, Wisconsin and Wyoming

#### **Special programs**

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#### High-tech radiology

Pre-certification is required for elective high-tech outpatient radiology services: CT, MRI/MRA, nuclear cardiology and PET scans.

#### Sleep studies

Pre-authorization is required for sleep studies performed in a freestanding sleep diagnostic facility or hospital.

#### Cardiac imaging

Pre-authorization is required for nonemergent stress echocardiography and diagnostic left- and right-heart catheterization.

#### Cardiac rhythm implant devices

Pre-authorization is required for elective inpatient and outpatient cardiac rhythm implant devices.

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#### Radiation therapy

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Illinois, Indiana, Iowa, Kansas, Kentucky, Michigan, Missouri, Montana, Nebraska, Ohio, Oklahoma, South Dakota, Wisconsin and Wyoming

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- Radiation therapy fax: 1-888-693-3210
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**Note:** eviCore healthcare allows 14-day-retrospective-request periods only for emergent cases and clinically urgent cases.

#### In-home health care

#### Oklahoma Aetna® Medicare Advantage members

Effective August 1, 2021, **myNEXUS** will manage the precertification program, claims payments, and the network for in-home health services for Aetna Medicare Advantage members who live in Oklahoma.\*\*\*

#### Two important changes

Compared to previous procedures, there are two changes. The changes are effective August 1, 2021.

#### 1. myNEXUS requires precertifications

All in-home health-related requests for an aide, medical social worker, occupational therapist, physical therapist, skilled nurse, or speech therapist require myNEXUS precertification. myNEXUS must approve these services before they begin.

Visit Aetna.com/health-care-professionals/ precertification/precertification-lists.html to see services that require precertification.

#### 2. myNEXUS makes the claims payments

myNexus will pay claims, under the rates and terms of your myNEXUS contract, for covered in-home health services if they are filed with precertifications that were approved on or after August 1, 2021, for Aetna Medicare Advantage members who live in Oklahoma.

#### How to submit required precertification requests

Submit your required request for in-home health services for Aetna Medicare Advantage members in Oklahoma via any of the ways below.

- Go online to **Portal.myNEXUScare.com** (registration is required).
- Fax the <u>myNEXUS Home Health Care Authorization</u> <u>Request Form</u> to 1-866-996-0077.

#### Questions?

- Call myNEXUS Intake at **1-833-585-6262** from 8 AM to 8 PM ET, Monday through Friday.
- Go online to myNEXUScare.com/aetna for more details.

<sup>\*\*\*</sup>myNEXUS manages in-home health care services for Aetna® Medicare Advantage members who live in Georgia, Oklahoma, Texas, or Virginia and for Aetna® Dual-eligibility Special Needs Program (D-SNP) members who live in Georgia or Texas.

#### **Ancillary services providers**

Referring your patients to network providers for ancillary services helps control health care costs. The ancillary services providers below are new to our network or have an expanded contract to service members in other states. Go to **Aetna.com** and use "Provider search" to access the complete list of participating ancillary services providers.

Outpatient therapy services	Provider type	Phone number	Market
Cooperative Health Partners	Ground and wheelchair transportation services	1-800-547-2642	Ohio
CSI Network Services	Home infusion, home health care and hospice services	1-888-873-7888	Indiana, Kentucky, Michigan and Ohio
Holista, LLC	Outpatient therapy services	1-888-560-6855	Outpatient physical therapy/occupational therapy
			Kansas and portions of Missouri (HMO only)
			<b>Oklahoma</b> (Oklahoma City, Tulsa)
			Speech therapy
			Kansas and portions of Missouri (HMO only)
			<b>Oklahoma</b> (Oklahoma City, Tulsa)
OptumHealth	Physical therapy and occupational therapy services	1-800-344-4584	Northern Illinois (Chicago and surrounding area)
Rehab Provider Network	Outpatient therapy services	1-888-256-2248	Ohio

# Southeast region

Alabama, Arkansas, District of Columbia, Florida, Georgia, Louisiana, Maryland, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia

#### **Special programs**

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District of Columbia, Florida, Georgia, Maryland, North Carolina, South Carolina, Tennessee, Virginia and West Virginia

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**Note:** eviCore healthcare allows 14-day-retrospective-request periods only for emergent cases and clinically urgent cases.

#### Chiropractic services

#### Georgia

American Specialty Health® (ASH)

1-800-972-4226

Notes about referrals:

- · PCPs can consult the online "Provider search" tool for
- a list of participating ASH chiropractors.
- · PCPs should submit referrals to ASH electronically.
- Indicate ASH provider ID 7648775 (don't use a taxonomy code).
- Indicate one visit on the referral by using the code "9210671" (consult and treat).

#### **West Virginia**

National Imaging Associates (NIA)

1-866-842-1542

#### Physical therapy and occupational therapy

# District of Columbia, North Carolina, South Carolina and Virginia

OptumHealth

• Phone: 1-800-344-4584

• Website: MyOptumHealthPhysicalHealth.com

Notes:

- Providers that are contracted with OptumHealth and us should send all claims to OptumHealth.
- Confirm benefits and eligibility by contacting Availity or calling us at the numbers below.
  - For HMO-based benefits plans:

1-800-624-0756 (TTY: 711)

- For all other plans: 1-888-MD-Aetna (TTY: 711)
   or 1-888-632-3862 (TTY: 711)
- Find answers to utilization management questions in our plan guidelines.
- Send speech therapy claims directly to us without any PT/OT codes. (Our normal processing guidelines apply.)

#### **West Virginia**

National Imaging Associates (NIA)

1-866-842-1542

#### In-home health care

#### Georgia and Virginia Aetna® Medicare Advantage members

#### Georgia Aetna® Dual-eligibility Special Needs Program (D-SNP) members

Effective August 1, 2021, **myNEXUS** will manage the precertification program, claims payments, and the network for in-home health services for Aetna Medicare Advantage members who live in Georgia or Virginia and Aetna Dual-eligibility Special Needs Program (D-SNP) members who live in Georgia.\*\*\*

#### Two important changes

Compared to previous procedures, there are two changes. The changes are effective August 1, 2021.

#### 1. myNEXUS requires precertifications

All in-home health-related requests for an aide, medical social worker, occupational therapist, physical therapist, skilled nurse, or speech therapist require myNEXUS precertification. myNEXUS must approve these services before they begin.

Visit Aetna.com/health-care-professionals/ precertification/precertification-lists.html to see services that require precertification.

#### 2. myNEXUS makes the claims payments

myNexus will pay claims, under the rates and terms of your myNEXUS contract, for covered in-home health services if they are filed with precertifications that were approved on or after August 1, 2021, for:

- Aetna Medicare Advantage members who live in Georgia or Virginia
- •D-SNP members who live in Georgia

#### How to submit required precertification requests

Submit your required request for in-home health services for Aetna Medicare Advantage Georgia and Virginia members and Aetna D-SNP Georgia members via any of the ways below.

- Go online to **Portal.myNEXUScare.com** (registration is required).
- Fax the myNEXUS Home Health Care Authorization Request Form to 1-866-996-0077.

#### Questions?

- Call myNEXUS Intake at **1-833-585-6262** from 8 AM to 8 PM ET, Monday through Friday.
- Go online to myNEXUScare.com/aetna for more details.

<sup>\*\*\*</sup>myNEXUS manages in-home health care services for Aetna® Medicare Advantage members who live in Georgia, Oklahoma, Texas, or Virginia and for Aetna® Dual-eligibility Special Needs Program (D-SNP) members who live in Georgia or Texas.

# West region

# Alaska, Arizona, California, Colorado, Hawaii, Idaho, Nevada, New Mexico, Oregon, Texas, Utah and Washington

#### **Ancillary services providers**

Referring your patients to network providers for ancillary services helps control health care costs. The ancillary services providers below are new to our network or have an expanded contract to service members in other states. Go to **Aetna.com** and use "Provider search" to access the complete list of participating ancillary services providers.

#### **Special programs**

#### **BRCA** genetic testing

Prior authorization is required for **br**east **ca**ncer gene (BRCA) genetic testing.

For more information, call our BRCA Genetic Testing Program at **1-877-794-8720 (TTY: 711)**.

#### High-tech radiology

Pre-certification is required for elective high-tech outpatient radiology services: CT, MRI/MRA, nuclear cardiology and PET scans.

#### Sleep studies

Pre-authorization is required for sleep studies performed in a freestanding sleep diagnostic facility or a hospital.

#### Cardiac imaging

Pre-authorization is required for non-emergent stress echocardiography and diagnostic left and right heart catheterization.

#### Cardiac rhythm implant devices

Pre-authorization is required for elective inpatient and outpatient cardiac rhythm implant devices.

#### Pain management and hip and knee procedures

Pre-authorization is required for:

- · Interventional pain management
- Inpatient elective musculoskeletal (hip and knee) arthroplasty procedures
- Outpatient elective musculoskeletal (hip and knee) arthroplasty procedures

#### Radiation therapy

Complex and 3D conformal, stereotactic radiosurgery (SBS) and stereotactic body radiotherapy (SBRT), brachytherapy, hyperthermia, intensity-modulated radiation therapy (IMRT) and image-guided radiation therapy (IGRT), proton beam therapy, neutron beam therapy, and radiopharmaceuticals.

Alaska, Arizona, California (PPO only), Colorado, Idaho (Kootenai County only), Nevada (Clark, Nye and Washoe Counties only), Texas, Utah and Washington (applicable in all counties except Clark, Skamania and Klickitat)

MedSolutions (doing business as "eviCore healthcare")

- · Phone: 1-888-693-3211
- Fax: 1-844-822-3862
- Website: eviCore.com
- Radiation therapy phone: 1-888-622-7329
- Radiation therapy fax: 1-888-693-3210
- Radiation therapy website: After logging in to eviCore.com, choose the CareCore National tab.

#### Note:

- eviCore healthcare allows 14-day-retrospective-request periods only for emergent cases and clinically urgent cases.
- eviCore healthcare does not provide services in New Mexico.

#### **Outpatient physical therapy**

#### Outpatient occupational therapy

#### **Outpatient speech therapy**

The process and providers for physical, occupational and speech therapy and laboratory services for providers participating with us through their affiliation with an IPA or physician medical group (PMG) may differ. Please refer to your IPA or PMG guidelines.

#### **Arizona**

Physical Therapy Provider Network

1-800-766-7876

Preferred Therapy Providers

1-800-664-5240

#### California

Physical Therapy Provider Network

1-800-766-7876

Preferred Therapy Providers

1-800-664-5240

American Physical Therapy Network

310-643-1640, ext. 103

Colorado

Holista, LLC

1-888-560-6855

Idaho

Western Rehabilitation Health Network

1-877-512-5053, ext. 123

Oregon

**Preferred Therapy Providers** 

1-800-664-5240

North Texas (DFW)

South Texas (Austin, Houston, San Antonio)

Holista, LLC

1-888-560-6855

Utah

Western Rehabilitation Health Network

1-877-512-5053, ext. 140

#### Chiropractic care

#### **Acupuncture treatment**

#### Arizona, California and Oregon

American Specialty Health Network

1-800-972-4226

Colorado

Columbine Health Plan

303-893-1900

Idaho

NMG Chiropractic Network

801-747-3228

**Utah and Washington** 

Healthways WholeHealth Network

1-800-274-7526

Special programs (continued)	
California Language Assistance program	We have a language assistance program to support members with limited English proficiency as they access health care services. The toll-free telephone number for you to reach an interpreter is 1-800-525-3148 (TTY: 711).
California and Nevada claims submissions	California and Nevada — IPA or medical group guidelines
	Before submitting HMO-related claims to us, please refer to your IPA or medical group guidelines.
Washington plans and products	The Washington Aexcel® network and Aexcel Plus network are available in western Washington only.
In-home health care	Texas Aetna® Medicare Advantage members
	Texas Aetna® Dual-eligibility Special Needs Advantage Plan (D-SNP) members
	Effective August 1, 2020, myNEXUS will manage the precertification program, claims payments, and the network for in-home health services for Aetna D-SNP members who live in Texas.*** (myNEXUS began managing in-home health services for Aetna Medicare Advantage Texas members on March 1, 2020.)
	Two important changes
	Compared to previous Texas D-SNP procedures, there are two changes. The changes are effective August 1, 2020.
	1. myNEXUS requires precertifications
	All in-home health-related requests for an aide, medical social worker, occupational therapist, physical therapist, skilled nurse, or speech therapist require myNEXUS precertification. myNEXUS must approve these services before they begin.
	Visit Aetna.com/health-care-professionals/ precertification/precertification-lists.html to see services that require precertification.
	2. myNEXUS makes the claims payments
	myNexus will pay claims, under the rates and terms of your myNEXUS contract, for covered in-home health services if they are filed with precertifications that were approved on or after August 1, 2020, for D-SNP members who live in Texas.

<sup>\*\*\*</sup>myNEXUS manages in-home health care services for Aetna® Medicare Advantage members who live in Georgia, Oklahoma, Texas, or Virginia and for Aetna® Dual-eligibility Special Needs Program (D-SNP) members who live in Georgia or Texas.

#### In-home health care (continued)

#### How to submit required precertification requests

Submit your required request for in-home health services for Texas D-SNP members via any of the ways below.

- Go online to **Portal.myNEXUScare.com** (registration is required).
- Fax the myNEXUS Home Health Care Authorization Request Form to 1-866-996-0077.

#### Questions?

- Call myNEXUS Intake at 1-833-585-6262 from 8 AM to 8 PM ET, Monday through Friday.
- Go online to myNEXUScare.com/aetna for more details.

#### California and Texas requirements

### You can access fee schedules per California laws CA AB1455 and CA SB 634

According to the regulations issued based on the Claims Settlement Practices and Dispute Mechanism Act of 2000 (CA AB1455 for HMO) and based on the expansion of the Health Care Providers Bill of Rights (under CA SB 634 for indemnity and PPO products), we're giving you information about how to access your fee schedule.

- If you're a provider affiliated with an IPA, contact your IPA for a copy of your fee schedule.
- If you're a provider directly contracted with us, send us your request with desired CPT codes via either of the methods below.
  - Fax: 859-455-8650
  - Email: FeeSchedule@Aetna.com

If you have questions, contact our Provider Service Center.

 If your hospital is reimbursed through Medicare Groupers, visit the Medicare website at CMS.gov for information.

For more information, visit **DMHC.CA.gov** and select "About the DMHC," then "Laws & Regulations."

### Provide us with eligibility statements per Texas law 28 TAC 19.1724

Gather the following information:

- · The patient's full name
- The patient's member ID number
- The patient's relationship to the primary enrollee
- The patient's date of birth

Then, according to the plan, contact us.

#### For commercial plans

- Go to our provider website, **Aetna.com**, and sign in.
- · Call one of these phone numbers:
  - Aetna Voice Advantage: use the number on the member ID card
  - HMO-based plans: 1-800-624-0756 (TTY: 711)
  - Plans that are not HMO-based: 1-888-632-3862 (TTY: 711)

#### For noncommercial plans

Call one of these phone numbers:

- Aetna Student Health: 1-800-966-7772 (TTY: 711)
- Aetna Voluntary plans and limited benefits insurance plans (formerly "Aetna Affordable HealthChoices"):

1-888-772-9682 (TTY: 711)

Need more information? Visit us at Aetna.com we're here to help.

